




Priority Planning:


Date:

Category/ Action Steps							
1							
2							
3							
4							
5							
6							
7							
Bonus							

It is so important to know what your priorities are, then to plan your priorities/actions into your week. Very often we have to "compartmentalize" our activities, so that we can focus on what needs to be done. When we see our  goals and how we are organizing our time in black and white, we begin to see how we are "spending" our time. Wouldn't you rather be "investing" your time into the future you want to live?

Each week, plan your activities according to what moves you closer to your  goals. Then at the end of the week, use  Curiosity/Learning to ask yourself the following clarifying questions:

What moved you closer to your goals?

What distractions/Challenge Areas did you allow in?  Remember: A set back is a set up for a come-back.

What will you do differently next week, if anything? (Review the Life Areas and use them as a guide for support and momentum)

Now you can plan for next week...